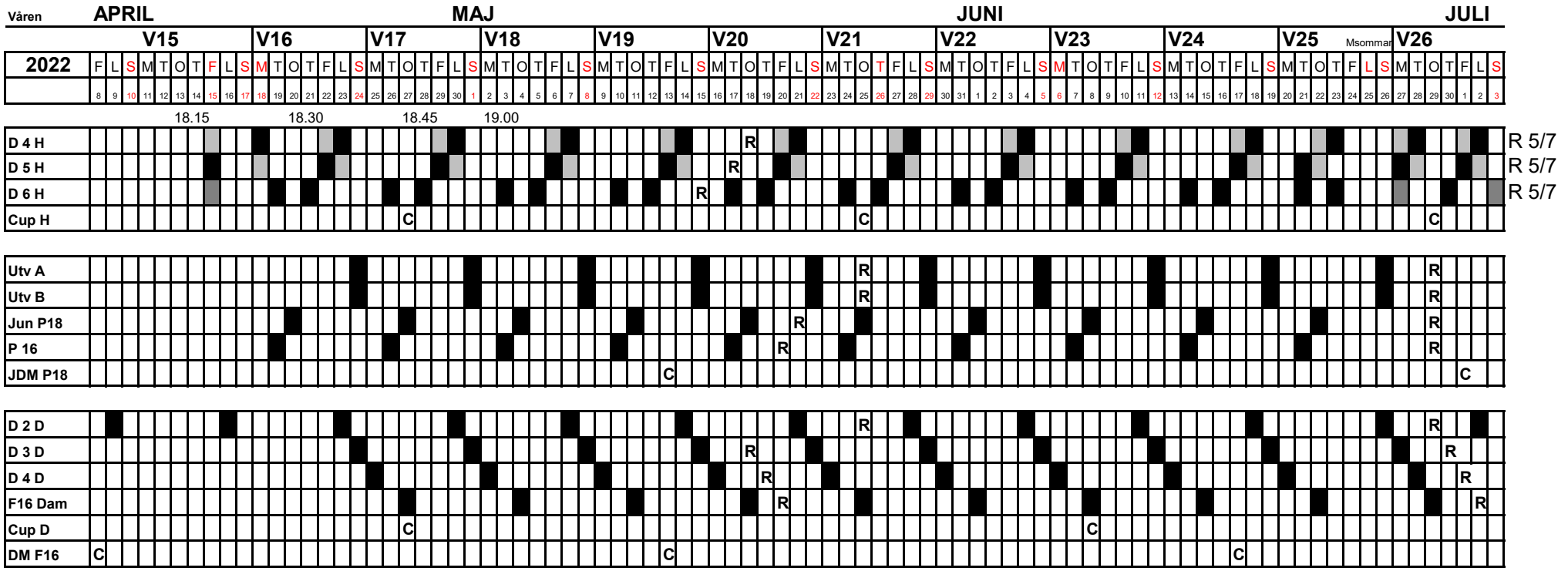Speldagar Våren 2022